

Evaluation

Katherine Morrison

DOB: [REDACTED] 1984

Prepared By:

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RKKS Mental Health Counseling

5/23/22

*Information included in this evaluation
represents data collected up to the date above*

REFERRAL OVERVIEW

PURPOSE OF REPORT

Ms. Morrison was referred by Sarah Whitcomb of US Federal Probation for a Mental Health Evaluation per her Federal Pre-Trial Supervision requirements. This report summarizes this evaluator's findings.

INFORMED CONSENT

The initial interview took place at 189 N Water Street Rochester NY 14604 on 3/28/22. Subsequent interviews occurred on 4/18/22, and 5/23/22.

Prior to the beginning of the interview Ms. Morrison was informed of the purpose of the evaluation. This writer explained confidentiality and assessed for understanding. Ms. Morrison was able to restate the limits of confidentiality and the purpose of the interview. She verbally agreed to participate in this interview.

Ms. Morrison reviewed and signed a treatment contract outlining expected behaviors during the course of treatment. She reiterated understanding that violation of these treatment requirements may result in discharge and subsequent violation of probation.

SOURCES OF INFORMATION

Information for this evaluation was collected from multiple sources including client self-report, available past clinical assessments, and results of administered actuarial assessments.

PSYCHOSOCIAL SUMMARY

FAMILY HISTORY

Ms. Morrison, a married mother of two, lives and work on her husband's family's farm in Dansville, NY. She is the youngest daughter of her parents four children. She reports a distant relationship with her older sister, a better relationship with her older brother, and a volatile relationship with her mother. Her younger brother, Roger, died of an overdose in the fall of 2018 and her father passed unexpectedly a couple years prior in 2016.

SOCIAL HISTORY

Ms. Morrison has been significantly impacted by the loss of her father and brother; she also reports significant interpersonal impact due to her mother's "covert narcissism" while growing up. Ms. Morrison has been the victim of domestic violence and reports her ex "tried to kill me a couple of times," this experience has significantly impacted her attachment style, ability to trust, and contributed to her "extreme anxiety" and ultimately, clinically significant symptoms of PTSD.

EDUCATIONAL AND EMPLOYMENT HISTORY

Ms. Morrison completed high school and earned a degree in veterinary medicine which she used to work as an assistant in vet clinics for several years. Ms. Morrison reports prior to meeting her husband she ran her own business online. Mr. Morrison currently works as a homemaker and assists her husband with the family farm.

MEDICAL HISTORY

Ms. Morrison reports a significant history of obstetric health problems that should have prevented her from conceiving children. Currently, she is in good overall physical health and is not prescribed medication.

MENTAL HEALTH HISTORY

Ms. Morrison reports two failed attempts at engaging in outpatient mental health treatment once in 2017 after attempting suicide and again in 2021 wherein she was diagnosed with PTSD. She acknowledges the benefit of formal counseling and states she understands her need to process feelings of grief and loss over her brother and father's deaths as well as her tumultuous relationship with her mother and past victimization within the context of a long-term, domestically violent relationship.

Ms. Morrison reports a family history of addiction, depression, anxiety, and what can be described as features of borderline personality disorder.

DRUG AND ALCOHOL HISTORY

Ms. Morrison denies a significant history of alcohol and drug use; she reports marijuana use in high school and social alcohol use approximately once a month. She denied using any other illegal substances, gambling, excessive shopping, overeating, or other risky behaviors.

LEGAL HISTORY

Ms. Morrison is currently under investigation for trespass and other charges related to the January 6th Capital Riots. She denies any past legal involvement.

PRESENTING SYMPTOMS

CURRENT MENTAL HEALTH SYMPTOMS

Ms. Morrison notes an increase in feelings of anxiety due to the current investigation as well as continued difficulty managing grief and loss over her father's death.

ASSESSMENTS

MENTAL STATUS EXAM

This assessment is a structured assessment of his behavioral and cognitive functioning during the time of the evaluation. Ms. Morrison is appropriately and fashionably dressed for the weather and is meticulously groomed, her hygiene appears to be within normal limits and developmentally appropriate. She appears oriented to person, place, and time and presents as calm and cooperative. Ms. Morrison's motor activity is unremarkable; she makes adequate eye contact throughout the interview and speaks at a normal rate and tone. Her mood is labile; she appears to be of average intelligence, her thought process is tangential but logical with unremarkable thought content. She denies hallucinations and expresses reasonable insight and judgement.

MODIFIED MINI

This assessment is a relatively short tool to identify mood disorders, anxiety disorders, and psychotic disorders.

Section A (Mood Disorders) –Ms. Morrison denied feelings of sadness or suicidal ideation.

Section B (Anxiety Disorders) – Ms. Morrison indicated that she has felt intensely anxious about several things over the past six months. Ms. Morrison indicated that she has experienced several traumatic events, although has not re-experienced them in the past month.

Section C (Psychotic Disorders) –Ms. Morrison denied having strange/unusual beliefs, being sent special messages, or hearing things other people cannot hear.

COLUMBIA-SUICIDE SEVERITY RATING SCALE

Ms. Morrison was administered a recent screening version of the C-SSRS to assess for the presence and severity of suicidal ideation, she denied the presence of suicidal ideation and past suicidal attempts.

TREATMENT PROGNOSIS

LEVEL OF STABILITY

Ability to adequately perform in a variety of psychosocial areas is a critical component of both treatment outcomes and assessment of individual needs. By determining specific levels of need across all psychosocial areas, specific symptom and functional deficit profiles become apparent that can then be used for more effective treatment planning. It is important to consider employment, housing, health, relationships, familial involvement, finances, and mental health management.

Ms. Morrison has demonstrated ability to sustain employment, live independently, maintain her health, establish/retain interpersonal relationships, actively parent her children in a prosocial way, and secure and maintain financial stability which indicates a developmentally appropriate level of functioning. Patterns in Ms. Morrison's history do not indicate a direct link between criminal behavior and lifestyle stability. Ms. Morrison's behavior appears to be motivated by her social networks and political inclinations.

AMENABILITY TO TREATMENT

Ms. Morrison has verbalized her willingness and perceived benefit to engaging in treatment.

DIAGNOSTIC IMPRESSIONS AND RECOMMENDATIONS

DIAGNOSIS

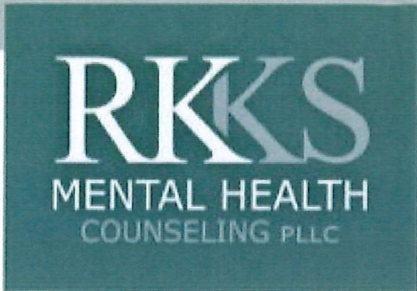
Ms. Morrison meets clinically significant criteria for Post-Traumatic Stress Disorder, Chronic.

TREATMENT RECOMMENDATIONS, PRESCRIBED INTERVENTIONS, AND INTENSITY

Ms. Morrison would benefit from moderate intensity treatment including bi-weekly individual therapy, and possible medication evaluation. Treatment should include the skills acquisition of healthy coping mechanisms and emotional regulation, while focusing on maladaptive thinking patterns and insight regarding trauma triggers.

COLLATERAL REFERRALS AND PSYCHOPHARMACOLOGICAL NEED

Ms. Morrison appears to be well connected in the community and therefore no collateral referrals are needed at this time.



Name: Morrison, Katharine

Client Number: 7809231

From: 11/26/2022

To: 02/24/2023

Overall Progress Made Last Period:
Steady

Degree of Achievement:
25%

Treatment Engagement:
Actively engaged, personal investment

Plan & Recommendations:
Continue current treatment schedule

Interventions:
Individual Therapy - weekly

Client Signature:



Therapist Signature:



Treatment Plan

Offense Related: Under Legal Supervision

Goal: Process feelings about pending charges

Objective: Verbalize five ways to be successful on probation

Mental Health: Symptoms of PTSD

Goal: Increase tolerance to discuss traumatic experience(s)

Objective: Identify impact of trauma

Lifestyle:

Goal:

Objective:

Other:

Goal:

Objective:

Comments: